

A

TIME AND A PLACE

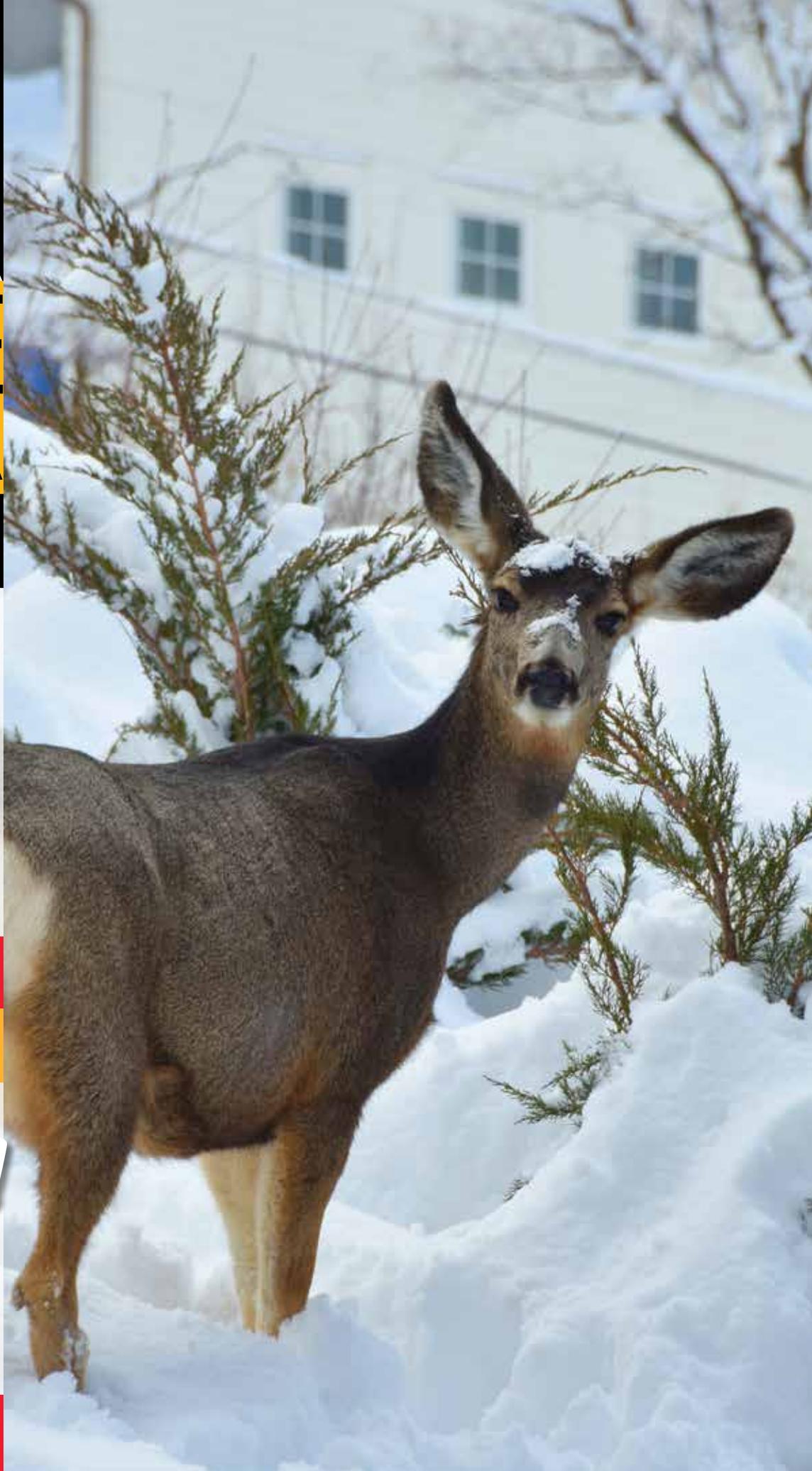
SHOP DINE PLAY & DO

IN THE CATSKILLS

YES!
It's Free!

THANKS
TO OUR
ADVERTISERS!

JAN 2021





INSIDE THIS ISSUE

- Pet Me Please!..... 6
- Book Love..... 11
- Recipes12 & 13
- Green Living19

For Advertising
Information, call
607-435-0795

All Rights Reserved.
Copyright 2021

A Time and A Place
P. O. Box 65
Arkville, NY 12406
ataap16@gmail.com

Gretchen Balcom
PUBLISHER



FROM THE PUBLISHER

Getting to Know You...

Never did I ever imagine that 11 months after the coronavirus pandemic impacted our communities we'd still be social distancing.

On a positive note, something great that has developed as a result of the pandemic is that we're getting to know our readers! After switching to the digital version of *A Time and A Place*, we've been receiving considerably more "mail" from our readers. It's email... but we love it just the same.

Truly, we enjoy hearing from our readers. It helps us deliver a product that everyone enjoys, and it makes us feel closer to our neighbors. So keep it coming folks!

Since we're getting to know *you* better, we thought you might like to know us a little better, so we'll be featuring bios about the people who bring you *A Time and A Place* in the upcoming editions. Here's Jonathan's to kick us off..

Gretchen

Gretchen Balcom, Publisher



Jonathan Ment



Where media is concerned, Jonathan Ment is a bit of a renaissance man. As an award-winning writer and journalist, he has contributed to daily and weekly newspapers, monthly and quarterly magazines, online journals and blogs, and for decades periodically published his own music-focused 'zine.'

As a photographer, he works in the portrait and event realm, including weddings and reunions, as well as editorial work where his photos have appeared in publications as diverse as *A Time and A Place* and the *New York Times*.

Jonathan works as a videographer covering conferences and events, and on projects for personal brands and small business. He has run multiple record labels and engineers live sound for concerts and small festivals. Jonathan has worked on independent films, music videos, major motion pictures, broadcast television and terrestrial radio. He currently serves as webmaster/social-media manager for a range of non-profit and commercial enterprises. Reach him at jonathan@mentgroup.com

© 2021. No part of this publication may be used without written permission from the publisher. The publisher reserves the right to edit, revise, or reject any editorial copy or advertising submitted for publication. Publisher's liability for errors in ads will, in no case, be greater than the cost of the space in which the error occurs.

WINTER SALES

NEW YEAR, NEW SHOES

20% OFF All In Stock Danskos!



We have the Barbara Boot, Professional Clogs, Phylcia & Patti and more!



STAMFORD FARMERS CO-OP

6 South St., Stamford 607-652-7225
Mon-Fri 8am-5pm & Sat 8am-3pm



LIMITED TIME OFFERS!

SAVE NOW!

20-50% OFF IN-STOCK RECLINERS



The Pine Shop

5382 State Hwy. 7, Oneonta
607-432-1124

thepineshoponeonta.com



Real Wood
Finished and Unfinished Furniture
for every room in your home.

FINISHING AVAILABLE

Mon-Tues-Wed 9-5:30 | Thurs & Fri 9-6 | Sat 9-5



EVERY DAY IS A SALE DAY AT
squareup.com/store/thehappygiraffe

We've got

Margaretville & Catskill Mtn Souvenirs

T-shirts
Scarves
Socks

Mugs
Candles
Jewelry

Pajamas
Pictures
Flags



845-586-6333

Granary Building - Bridge St. - Margaretville
Tues-Sat 10-4 • Sun 10-3 • Closed Mon



The helpful place.

Ready for Winter?

Ace is your one-stop shop for all your winter needs!

Shovels
Ice Melt
Scrapers
Snow throwers
Gloves
Antifreeze
Heaters
Furnace filters
Batteries
Sleds
and more!



Now is a great time to start that indoor painting project.

Railroad Ave. Supply Co., Inc.
5 Railroad Ave. Stamford NY 12167
607-652-7103 www.rascoace.com

Virtual Ice Harvest Festival 2021

The region's "coolest" tradition will continue in a new way



For more than 30 years, Hanford Mills Museum has held an Ice Harvest Festival to celebrate a historic winter activity. Though COVID-19 will prevent Hanford Mills from hosting an in-person event, plans are underway for multiple virtual events and at-home activities.

"The Ice Harvest tradition at Hanford Mills will continue," explains Liz Callahan, executive director of Hanford Mills Museum. "We will miss having visitors here, but are developing new collaborations and online offerings. It's going to be different, and we are working hard to make it engaging and worthwhile." New features are being planned with the Delaware-Otsego Audubon Society, the Cooperstown Graduate Program, the A.J. Read Science Discovery Center, and more. Details will be announced in mid-January.

Up until the early 20th century, ice harvesting was an essential winter activity in rural communities. "Before mechanical refrigeration, ice was the only way to keep food cold," explains Callahan. "Ice blocks were cut from frozen rivers and ponds and then stored until the warmer months." She said that area farmers used the ice to keep milk and other agricultural products cold, and also as a winter crop to sell.

Call for Ice Harvest memories

"We are delighted that people come year after year for the Ice Harvest Festival," says Callahan. "There have been many instances of people telling us they came as children and then as adults returned with their children. We are collecting Ice Harvest memories and encourage anyone with a story from a past Ice Harvest to contact us."

Ice Harvest memories, photos or videos can be sent to Peg Odell, pego@hanfordmills.org. They will be featured on the Hanford Mills website and social media.

Support Local

Callahan said they want to thank the restaurants that have provided soup for the Ice Harvest Soup Buffet and the exhibitors who come to Ice Harvest. "We encourage people to consider ordering up some takeout and buying from these local businesses," says Callahan. "We look forward to welcoming everyone back in 2022."

Local businesses and organizations that have been at the ice Harvest Festival include: Byebrook Farm, Blue Merle Apiaries, Bakers Grimm, the Cooperstown Distillery, Catharina's Hats and Mittens,

Kortright Handiworks, the Catskill Forest Association, My Woodlot/Watershed Agricultural Council, the Dave Brandt Chapter of Trout Unlimited, and the A.J. Read Science Discovery Center. Restaurants who provided soup, rolls and cookies for past Ice Harvests include: Alex's World Bistro, Alfresco's Italian Bistro, Applebee's, Autumn Café, Bakers Grimm, Blue Bee Café, Brooks House of BBQ, Cafe Ommegang, Cooperstown Diner, Danny's Main Street Market, Delhi Diner, Denny's, Jackie's Restaurant, Junkyard Bakehaus, Morey's Family Restaurant, Oneonta Bagel Company, the



PHOTO COURTESY OF HANFORD MILLS

Sawing the ice at Hanford Mills back in 2015.

Otesaga, Simply Thai, SUNY Delhi Hospitality Department, The Tulip and the Rose Café, and

TK's Diner. Anyone interested in finding out about the virtual Ice Harvest

should follow Hanford Mills on Facebook or Instagram and go to hanfordmills.org.



“Not only must we be good,
but we must also be good for something.”

— *Henry David Thoreau*

**Bathrooms • Kitchens
Siding • Windows & Doors • Roofing
Gutters • Decks • Remodeling**

Doing it right since 1972

HOME IMPROVEMENTS

607-432-8326 800-252-2140

www.thepowellcompany.com

KLINGER
Power Sports

KAWASAKI
KYMCO
CAN AM
SKI DOO

Motorcycles • Dirt Bikes • ATVs /RUVs • Utility Vehicles • Snowmobiles

33 West Street | Walton, NY | (607) 865-6326
www.KLINGERPOWERSPORTS.com
Mon-Thurs 9am-5:30pm | Fri 9am-5pm | Sat 9am-4pm

Pet Me Please!



*Heart of the Catskills
Humane Society*

How to safely walk your dog during the winter

All dogs need to spend plenty of time outdoors in order to get enough exercise, enjoy the fresh air, stimulate their senses and do their business. However, when the temperature drops, it's important to take a few precautions to make your snowy strolls are still enjoyable and safe for your pup.

Every dog deals with the cold differently. Depending on your dog's breed, age and health condition, your trusted companion could be extra-sensitive to cold temperatures. Never push your dog beyond its limits when it comes to weather sensitivity.

Before venturing outdoors, protect your dog's paws from the salt used on city streets and sidewalks. Invest in tiny boots specially designed for dogs. If your pup won't keep them on, avoid walking in areas with too much salt on the ground.

In periods of extreme cold weather, their ears, nose, tail and foot pads are susceptible to frostbite. Therefore, it's advisable to keep your pup's outings brief if the temperature drops well below freezing. Stick to frequent short walks to ensure that your four-legged friend gets enough exercise.

Finally, if you notice that your dog's fur is wet after a stroll outdoors, make sure to dry it thoroughly with a towel or blow dryer. Focus on the paws, belly and ears, and take the opportunity to inspect the pads under Fido's feet for any signs of injury.

Does your dog need winter clothes?

Like humans, dogs can suffer from hypothermia. During the colder season, you may wonder if it's safe



for your pup to be out in the frigid air.

When you do take your dog for a walk in the winter, make sure your canine companion is prepared for the weather. There are several factors that influence whether or not your dog should wear a winter coat and boots. You should consider:

- The temperature (is the cold tolerable or piercing?)
- The duration of the walk (will you be out for five minutes or an hour?)
- The planned activity (are you going for a hike or stroll around the block?)
- Your dog's breed (short-haired and short-legged dogs tend to get colder faster)
- Your pet's age (puppies and older dogs are more vulnerable to cold weather)
- Your dog's health (sick, injured or recovering pets should stay inside to keep warm)

If your dog needs to be bundled up for winter walks, look for boots and a quality coat that will keep them warm all season.

When It Simply Has To Go, Consider Selling Online

by Jonathan Ment



There's an old expression I've always kind of enjoyed — *"One man's trash is another man's treasure."* It speaks to vision and possibility.

Put more bluntly, and how I was first exposed to the general sentiment on the streets of New York City decades ago, *"your trash is our cash."*

The later phrase, perhaps less poetic than the first, adorned a green fleet of commercial private garbage haulers.

Fast forward to the spring of 2020, the dawn of pandemic-era shut downs. My lady and I were combining households and motivated to be self-isolating together rather than apart, if or when the time came. That meant there was a certain excess of furniture – that which wouldn't fit, that which wasn't wanted, and some that simply wouldn't do. (I never thought of the couch as a futon, it was a guest bed. Really!)

Then, as it turned out, there were multiple boxes of "things" we'd each intended to sell but maybe hadn't gotten to.

I've been an eBay seller on and off for about as long as the platform has been around. It's a great way to sell smaller things that are easy to ship. LPs (vinyl records) are a booming business on the 'auction' site

and I know one couple that supports itself fully by buying record collections and piecing them out online.

Ebay is not great for selling furniture or heavy, bulky exercise equipment. While you can offer local pick up, the platform was designed to go far beyond your backyard and was always intended to connect sellers with a wider audience of buyers than a local swap-meet. The range of things we said goodbye to has been astounding, from sought-after brands of used vintage shoes and sandals to weird Japanese sci-fi toys, and more.

Facebook Marketplace on the other hand, that's a local-driven audience comprised of your friends, friends of friends and folks in your general geographic sphere. Renee and I found this was the best mechanism for connecting with social-distancing buyers, masked and ready to exchange cash or electronic payments for some new furniture or décor.

On occasion, when the item was too big to easily ship, but small enough to load in a vehicle, we met with buyers in public parking lots to maintain a certain level of privacy.

Naturally, the sort of introspection that occurred for us meant there was also excess clothing to consider. I've sold new and old Levi's on eBay over

RIDE THE RAILS



Rip Van Winkle Flyer



Lunch in the Dome



We're looking forward to seeing **You in Spring 2021!**

2021 SPECIAL EVENTS

Charter a Caboose

Twilight on the Rails
with Blues Maneuver

Train Robbery

★ Social Distancing Guidelines Observed



Make Your Reservations **NOW!**

Visit **DURR.org**

(845) 586-3877

43510 State Highway 28, Arkville



DELAWARE & ULSTER RAILROAD



the years, and more than a few Hawaiian shirts that became too big or were even purchased for the purpose of reselling. But this year we tried another platform that focuses on fashion. Yes, I became a five-star posher, on Poshmark. This app requires a level of dedication for serious success neither of us is overly motivated to engage in, but we have been able find buyers for a number of desirable gently worn items.

Of course, we're not only sellers these days. There have also been a few items in the "needed column" including a side table for the living room and a classy, compact desk for the second telecommuter. We found the former a short drive away on Facebook Marketplace, and the latter a slightly longer but very worthwhile ride a few towns over on "Letgo." This app has since merged with OfferUp. (We also learned Renee had a knack for refinishing wood furnishings.)

While I was able to advise a family member in a more densely populated area toward several successful sales on OfferUp, the items we listed for sale here (and concurrently on Facebook) didn't sell before we decided to donate them.

Which brings us to that other option for making space: *Donation*.

Last spring, when everything was closed, we began filling boxes with things to donate. Lots of boxes. These were filled with housewares mostly, décor, and odds and ends of every sort. The majority was what thrift stores call "shelf filler" and I'm certain we filled many shelves.

We continue to set things aside to donate, including some recently that might previously have been earmarked for re-gifting. Remember, just because we've got no use for this or that, it could be a prize in front of new eyes.

Between the four platforms, I'd say there isn't much that can't be sold by someone stuck at home and looking perhaps too often at their surroundings. Common sense should always apply.

While Poshmark makes the shipping process rather easy, eBay novices may find they're making mistakes and losing money on delivery. If you think eBay is the best platform for what you're selling, I recommend finding someone with a little experience to guide you at first. Facebook has been pushing the



shipping option the past month or two and it makes me sentimental for Craigslist, a fifth platform that has always remained desperately simple and has stressed the safety of truly “local” transactions. OfferUp also remains focused on local trades.

Whether you try selling only one online platform or even four or five, your success will depend on a few key factors:

Accurate product descriptions are essential including dimensions, unique characteristics and any flaws or defects. There are well established systems for “grading” LPs and comic books, for instance. Success in those arenas is serious business.

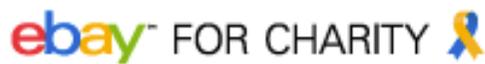
Fair and competitive pricing is a must and you should do your research before selling far below market value or spending time on listings that will never sell.

Great customer service is key. That means

answering questions quickly, shipping and packing things well, and sending them off on time.

For me, online sales is a hobby. It’s fun, like holding a garage sale used to be in the ‘before time,’ but it’s also an opportunity to do a some good in another way.

Through eBay’s charitable giving platform, you can support a wide range of non-profits. Over the years I’ve helped support Habitat for Humanity and the Hudson Valley Food Bank. Currently, a portion of my sales go toward funding the work of the Friends of the Feathered and Furry Wildlife Center.



Official eBay for Charity listing | [Learn more](#)

Sale benefits a verified non-profit partner

**COMMERCIAL & RESIDENTIAL
SPRAY FOAM**

845-594-7413

Kane DiBenedetto HomeFoamInsulation.net
10+ YEARS EXPERIENCE | FULLY INSURED | FREE ESTIMATES

NAPPI TILE & MARBLE

In-house design and sales of porcelain, ceramic, glass, metal, wood-look, and natural stone floor and wall tiles.

you dream it, we build it!

NappiTileandMarble.com

10700 Rte. 23, Davenport Center 607-278-6411

How to reduce air pollution caused by wood heating

While wood-burning stoves and fireplaces provide warmth and a cosy atmosphere, they also emit pollutants and contribute to the formation of smog. If you rely on this type of heating system to warm your home, here are a few ways you can mitigate the harmful effects.



Install a quality appliance

If your wood-burning appliance is nearing the end of its lifespan, replace it with a newer model that complies with the CSA Group's B415.1 standard for the maximum emission rates of wood-burning heaters. You should also select a product that's certified by the United States Environmental Protection Agency (EPA), as these emit up to 90 per cent fewer harmful emissions than other options.

Follow these best practices

Since even the cleanest wood-burning appliances generate air pollution, here's how you can further reduce the amount of smoke and harmful particles emitted by your heater:

- Burn seasoned wood that was split and stacked in a dry area for at least six months
- Use softwood to ignite a fire, but keep it going with hardwood which burns cleaner
- Keep fires small and bright since smoldering generates little heat and lots of smoke
- Never burn garbage, plastic, cardboard, glossy paper, driftwood, plywood, particle board or wood that's been painted, varnished or pressure treated
- Keep the vent open to ensure smoke travels up the chimney rather than into your home

Furthermore, keep the vent open to ensure smoke travels up the chimney rather than into your home.

You should also maintain your wood-burning appliance according to the manufacturer's instructions, and make sure to get it cleaned and inspected by a professional at least once a year.

Why Cook? Come and join us!

La Cabana

Combination Dinner Menu *Over 15 to Choose!*
Everything Made Fresh In-House

Open Friday - Tuesday 4 to 10pm

966 Main Street, Fleischmanns

FULL BAR AVAILABLE **845-254-4966** DINE IN TAKE-OUT

Available For Private Parties, Large Groups & Families

Dundalk Leisure Craft Saunas and Hot Tubs
Quality Handcrafted Craftsmanship. Easy to Install.
www.dundalkleisurecraft.com

WOOD • GAS • PELLET

MOUNTAIN FLAME INC.
42825 Route 28, Arkville

845-586-2700 • 800-250-6485
Please Call for Hours
Warming Homes Since 1980
www.mountainflame.com



Book

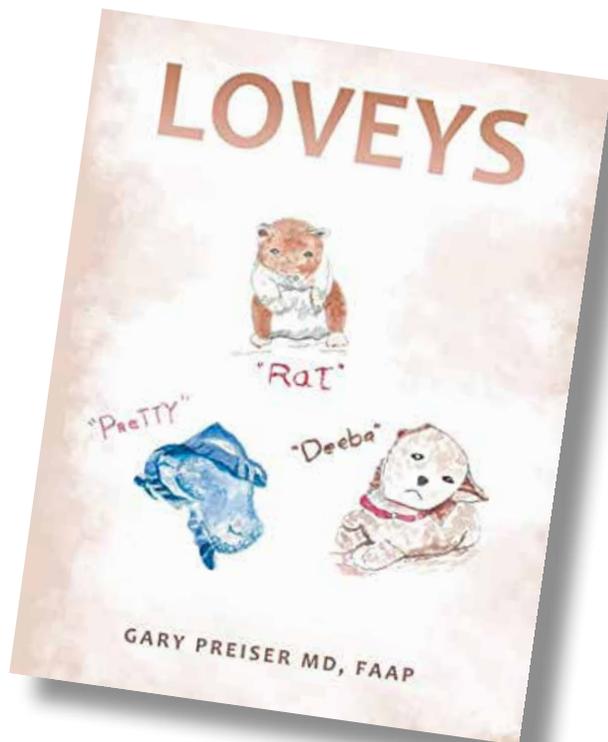
Reviews by
Jessica Reed

Loveys

Loveys, a children's picture book published in 2020, is more than a book, it is a legacy. The author was a well known pediatrician in Walton, New York. Dr. Gary Preiser practiced for thirty-five years, treating three generations of the same families. Not only was he a popular doctor, he contributed mightily to his community, including building The Little Free Libraries. Lovey's was his last contribution to childhood literacy before he passed away earlier this year.

Dr. Preiser loved seeing his patients, but that doesn't mean they were always happy to see him. Visits to the doctor can be stressful for a child and he noticed that many of his patients brought a special stuffed animal or blanket with them for comfort. He dubbed these security objects, Loveys, and spent the year before he retired, photographing and interviewing the children and their special Loveys. After years of working on this project, Loveys, the book, was born.

This large glossy book features twenty-one former patients. As adorable as the kids are, the real stars are the Loveys. The book is written from the point of view of the Loveys and the life they live with their children who have chosen them from among their other toys. The Loveys introduce themselves, courtesy of the author, and are accompanied by a color photograph of the child/Lovey pair. As an added bonus, the best part of the book is the whimsical watercolor paintings of each Lovey, painted by the author himself. Added to this is a page for your child to draw their own Lovey and a matching game for reader comprehension.



Author: Gary Preiser MD, FAAP

Publisher: Xlibris

ISBN: 978-1-9845-7912-6

The only thing better than reading this book would be the ability to tell the author how much I cherish it. I bought this book from Amazon, but plan to leave it for a child in the very same Little Free Library kiosk built by the author, as he would have wanted.

Happy New Year!

10% OFF BRAKES

DURING JANUARY 2021

PARTS ONLY

B&D
MOTORS
INCORPORATED

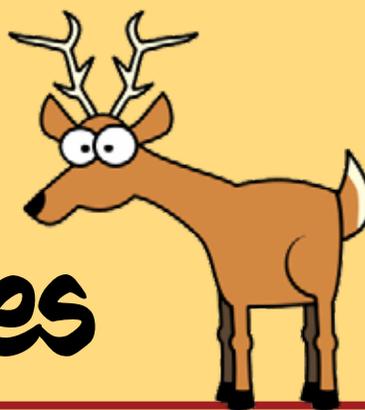


Serving
the Area
Since 1979



Full Service | Repair | Towing | U-Haul | Tire Sales

885 MAIN STREET • MARGARETVILLE 845-586-3253



Venison Recipes

Chad's Favorite

Venison Stew

In your crockpot add deer meat (or elk or antelope) that has been cubed and floured. and let brown (or brown in a skillet on the stove first). Once browned, add:

- Beef Stock
- Onions
- Carrots
- Celery
- Potatoes
- Mushrooms (Fresh or dried Morels are amazing. Crimini work too.)
- Truffles or Truffel Oil

(Yes, we know there are no measurements. Chad's wife says he just wings it. You can too.)

Secret Ingredient: **TELL NO ONE!**

- 1 packet of McCormick Au Jus Gravy mix
- 1 packet of McCormick Brown Gravy mix (the red packets)

Season to taste:

- Salt
- Pepper
- Chives
- Garlic

***Chad's Advice:** When cooking game meat, season according to what the animal eats. For deer, try adding Sage, Fennel, Thyme and Rosemary.

He didn't say how long to cook, but a general rule of thumb is cover and cook on low heat for 7-8 hours or high heat for 3-4 hours.

Cheesy Venison

INGREDIENTS

- 2-3 lb Venison Roast
- 1 Onion, diced
- 1 Pkg Bacon
- 1 Can Mushrooms
- 1 Pkg Velveeta Mild Mexican Cheese

INSTRUCTIONS

Layer all ingredients, except Velveeta in crockpot. Cover and cook on low for several hours, until it falls apart. Drain and shred with a fork.

Cube Velveeta and add cheese to crockpot. Stir frequently.

Serve with Tortilla Chips or on buns.

Erickson's
30+ YEARS
Automotive, Inc.
Auto Body Specialist | Air Conditioning | Flat Bed | Minor
Repairs | Service | Mechanical
(845) 586-2242 214 County Hwy 38 • Arkville

Comfort food



Minestrone soup

INGREDIENTS

- 1 tablespoon olive oil
- 1 tablespoon butter
- 1 onion, chopped
- 2 carrots, diced
- 2 celery sticks, diced
- 1 small turnip, diced
- Salt and pepper, to taste
- 2 cloves garlic, minced
- 4 cups chicken or vegetable broth
- 1 can diced tomatoes (28 ounces)
- 1 can green beans (14 ounces)
- 1 zucchini, diced
- 1 teaspoon basil
- 1 teaspoon parsley
- 1 teaspoon oregano
- 1/2 cup Parmesan cheese, grated
- A few fresh basil leaves

DIRECTIONS

1. In a large pot, pour the oil and melt the butter over medium-high heat. Add the onion, carrots, celery and turnip, and cook for about 5 minutes. Add the garlic, and cook for another minute. Salt and pepper to taste.
2. Pour in the broth and tomatoes, then bring to a boil. Reduce the heat and let simmer for about 15 minutes or until the carrots are tender.
3. Add the green beans, zucchini, dried herbs and Parmesan cheese. Cook for 5 to 7 minutes. Add seasoning as needed.
4. Garnish with fresh basil to serve.



Baked Ham and Cheese Sliders

INGREDIENTS

- 1 pound deli ham sliced thin
- 10 small sandwich buns
- 10 slices provolone cheese sliced thick
- 2 tablespoons barbecue sauce
- Mayonnaise

INSTRUCTIONS

Heat oven to 350 degrees. Slice sandwich buns, and lay flat open on a large baking dish. Spread a thin layer of mayonnaise on the top part of each bun, and place cheese over mayo. Pile the ham on the bottom part of each bun, and top ham with barbecue sauce. Heat in the oven until cheese begins to melt. Close the buns, and cook until cheese is fully melted and heated through.

AN UNDERCOVER STORY

by Suzanne M. Walsh



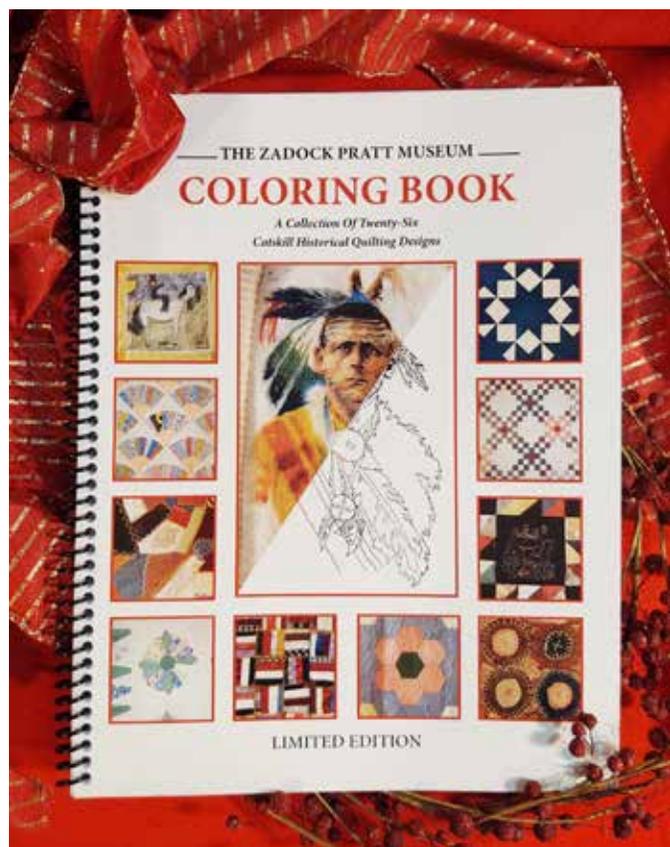
I am not a quilter — never have been — but what an exuberant feeling rose up when I stood back, staring at all the research finally accumulated in preparation for writing the text for the new historical quilt coloring book available through the Zadock Pratt Museum in Prattsville.

I realized that each one of the quilts represented was deserving of an entire book of its own — a romantic novel for this one, maybe... an historical chronicle for another, or even an epic adventure story about the creation of a daring new experiment called the Early American Republic — something hardly seen on the face of the earth since the ancient Greeks. And all of it was right there — coded in the simple threads of these quilts.

That was just the beginning of the awakening respect for the humble lives of women and their incredibly inventive quilting skills. This coloring book is about the unsung females who lived during the early Catskills era. It's also about how they grafted their silent lives and times onto, and into, the quilts they made.

One story really got to me in a way hard to describe. During the early 1800s our area had become the frontier outpost for those heading westward goaded by severe economic hardships inflicted on this area. "Friendship" quilts were often quickly put together with each woman quilter signing her name on a quilting block, then communally sewing them together to give as a parting keepsake to the dearly loved sister who would be leaving the community without the likelihood of ever returning.

The words of one of these quilt recipients were written down on a tear-stained letter mailed back East to the Catskills and preserved in a trunk. She wrote that she would sometimes suffer severe depression. Life out on the isolated and lonely prairie was often deprived of the comfort and company of other women in what was essentially a man's world-



The Zadock Pratt Museum Color Book - A Collection of Twenty-Six Catskill Historical Quilting Designs is the latest publication from the Zadock Pratt Museum. Informative and fun, it also introduces historical stories with a serious attitude.

-a rugged harsh frontier. At such times she would unpack her Friendship quilt, carefully spread it across her bed, and lie face down while remembering each person's name and their sustaining love.

In early America, I learned, quilts sometimes became a form of prayer, too.

Ms. Walsh served as tour guide, curator and archivist at the Zadock Pratt Museum in Prattsville NY during the seven years following the damage occurring from Tropical Storm Irene in 2011. It was during the restoration of the Museum's textile collection that the idea for the "Zadock Pratt Museum Coloring Book—A Collection of Twenty-Six Catskill Historical Quilting Designs" received funding and has now become available through the Museum. Today Ms. Walsh is an independent author, artist and art history consultant.



3 Fun Winter Activities You Probably Haven't Tried



Snowy weather lends itself well to a variety of energizing outdoor activities. If you want to try something new this year, here are four fun, but somewhat unusual, suggestions.

1. Snowkiting

Also known as kite skiing, this extreme sport is similar to kite surfing. It involves using a large kite to propel yourself across snowy terrain while strapped to skis or a snowboard. You can glide uphill, downhill or along a flat surface, and in the right wind conditions, you might catch some serious air. Be sure to sign up for lessons to safely learn the proper techniques.

2. Winter kayaking

If you enjoy exploring local lakes and rivers in summer, there's no need to put your kayak away when the weather gets cold. Just make sure you wear the right gear to keep you warm on the water and stave off hypothermia in case your boat capsizes. It's also highly recommended that you take lessons beforehand and head out with others to ensure a safe and fun paddle.



3. Skishoeing

This hybrid activity combines the mobility of skiing with the potential for exploration that snowshoeing provides. Since skishoes are much shorter and wider than traditional skis, they offer more traction on snowy ascents and make it easier to move through forested areas. However, they also allow you to travel faster than you would with snowshoes since you can glide along flat terrain and down slopes.

If you want to try these winter activities, Kite Club NY in Niskayuna offers snowkiting lessons, or you can find information and instructional videos for snowkiting and other winter activities online.

A Brief Guide to Gourmet Hot Chocolate

After a winter outing, nothing takes the chill off a cold day quite like a hot cup of cocoa. For a creative twist on this winter classic, here are a few sweet suggestions.

Spices - If you want a simple way to liven up your hot chocolate, add a dash of vanilla extract or a pinch of cinnamon, nutmeg, cloves, cardamom or cayenne, depending on your taste.

Rim trim - Dip the rim of your mug in melted chocolate or caramel, then roll it in graham cracker crumbs, crushed candy cane, rainbow sprinkles or whatever else suits your fancy.

Toppings - Take your hot chocolate to the next level with a scoop of ice cream, a swirl of whipped cream or a toasted marshmallow. Top it off with chocolate shavings or maple flakes.

Finally, if you want to turn your hot cocoa into an adult beverage, add a splash of orange, coffee or Irish cream liqueur. Cheers!



7 Semi-Silly Reasons to Get Excited About a Snowstorm

Most Catskill residents can list hundreds of things they hate about winter, but it's not all is dark and gloomy when it comes to this coldest of seasons. Here are seven perfectly good reasons to look forward to the next snowstorm.

1 It's the perfect opportunity to connect with your neighbors as you work together to dig your car out of a snowbank at six o'clock in the morning.

2 You can skip the gym without any guilt since you'll spend an hour or more shoveling snow and will burn more calories than you would at a boot camp class.

3 Your cat will be less tempted to explore outside and more willing to take her rightful place curled up on your lap in front of the TV.

4 The crisp white of a snow-covered yard provides a great backdrop for cute selfies—as long as the cold air doesn't make your nose run.

5 Your cracked patio stones and dead grass will be completely hidden under a pristine blanket of snow, and no one will know if you forgot to pick up your pup's pooh.

6 Every trip outside, even if it's just to walk the garbage to the curb, will feel like a quest that undeniably merits a pick-me-up upon completion.

7 You're going to freeze your pants off regardless this winter, but at least after it snows you'll be able to ski, build a fort, go sledding and wage an epic snowball fight.

In short, winter is here to stay whether we like it or not, so we might as well look on the bright side and make the most of it.



You Can Almost Taste It!

So can our readers...

For advertising information visit atimeandaplacemagazine.com or call Gretchen at 607-435-0795



PLATTEKILL MOUNTAIN

38 TRAILS
TERRAIN FOR ALL ABILITIES
PLENTY OF WIDE OPEN SPACE!

ROXBURY • (607) 326-3500
WWW.PLATTEKILL.COM
FOR ALL TICKET, RENTAL AND LESSON PURCHASES

STRANGE BUT TRUE



When the platypus was first encountered by Europeans in 1798, a pelt and sketch were sent back to Great Britain by Captain John Hunter. British scientists thought it was a hoax.

by Lucie Winborne

- If you do a Google search on the word "askew," the resulting content will tilt slightly to the right.
- The color of Facebook is blue because Mark Zuckerberg is red-green colorblind.
- Major League Baseball umpires are required to wear black underwear while on the job in case they split their pants.
- Pine cones have genders. Male pine cones shed pollen and female pine cones make seeds. When the wind blows pollen into the female cones, the seeds become pollinated.
- Cats are believed to be the only mammals that don't taste sweetness.
- In 1978, DC put out a "Superman vs. Muhammad Ali" comic book. While the plot deals with hostile aliens, the book's main highlight is the whooping Superman gets in a sparring match with "The Greatest"!
- Canada eats more macaroni and cheese than any other nation in the world.
- A French general, the Marquis de Lafayette, gave John Quincy Adams a pet alligator. Our sixth president not only kept it in a White House bathtub, but enjoyed showing it off to visitors.
- There is a town in India called "Santa Claus".
- Ever wonder how the tradition of leaving hand and footprints in front of Grauman's Chinese Theater in Hollywood got started? By accident -- when silent film actress Norma Talmadge stepped on wet cement.
- Cellophane, invented in 1908, was originally intended to protect tablecloths from wine spills.
- Selfies now cause more deaths than shark attacks.
- Cataract surgery was possible as early as the 6th century B.C.
- Sunsets on Mars are blue.
- There's a town called "Big Ugly" in West Virginia.
- Your tonsils can grow back if there was tissue left behind during the removal process.

(C) 2020 KING FEATURES SYND., INC.

DON'T GET CAUGHT IN THE COLD AND DARK

Briggs and Yamaha
Generators
Going Fast!

DELAWARE SPORT CENTER
30104 STATE HIGHWAY 10
WALTON NY, 13856
607-865-8888

SPRAY FOAM SOLUTIONS, Inc.

Residential Commercial

607-435-7930

Free Estimates & Fully Insured

5 ways to transform your home on a budget

If your home could use a facelift but you're low on funds, you may be considering repainting. Here are five other fantastic but affordable ways to give your living space an upgrade.

1. Update your window treatments. Pick out new curtains in a pattern you love or opt for shades or blinds that complement the style of your home. Sheets, tablecloths and dropcloths are great options for making inexpensive curtains — just add clip rings.
2. Refinish your cabinets. Wood cabinets in the kitchen, bathroom or elsewhere can be stripped, sanded and stained or painted to completely refresh their appearance. Swap out knobs and handles to further change their look.
3. Re-caulk in the bathroom. Apply a fresh coat of caulk to the space around the tub and between the toilet and floor. It's a small detail that can make a big difference.
4. Redo the flooring. There are budget-friendly flooring options including vinyl, carpet and laminate. Unlike wood and stone, these products are fairly easy to install on your own.
5. Replace light fixtures. Look for affordable but timeless fixtures or consider investing



in a statement piece for your front entrance or living room.

You can find the materials you need at the hardware, lighting and home decor stores in your area.

Readers...

when you support our local shops and businesses, tell them you saw their ad in

A TIME AND A PLACE

We'll appreciate it and so will they!

Go Titan
for All Your Water Needs



TITAN *Drilling Corp.* **From well drilling to water testing, we meet every need.**

Find us on: **facebook** **1-800-GO-TITAN**
1-845-586-4000

264 Co. Hwy. 38, Arkville, NY 12406 | www.titanwelldrillingny.com



Can you compost in winter?



Composting creates nutrient-rich soil for your garden and helps reduce landfill waste. If you want an easy way to shrink your carbon footprint year-round, consider composting. It's perfectly fine to put food scraps in your compost bin in every season, even winter.

Surprising advantages

Although the cold weather will slow and sometimes halt decomposition in winter, it'll also quickly freeze any kitchen scraps you

add. This means you don't have to worry about the smell of half-rotted food attracting flies or critters. Plus, freeze-thaw cycles actually help break down organic materials, which will allow them to decompose faster in spring when the warm weather returns.

Additionally, the process of maintaining a compost pile is much simpler in the winter. In fact, it's best not to stir or water it since any disruption allows heat to escape and slows decomposition.

Finally, be sure to layer green and brown materials within your compost pile or bin. This will maximize the amount of heat generated by the mixture and facilitate decomposition. Green materials refer to kitchen scraps, whereas brown materials include pine needles and dead leaves.

Eco-friendly alternatives to de-icing salts

Salt has long been relied on to ensure roads, sidewalks and other outdoor surfaces are free of ice in winter. Unfortunately, chemical de-icers tend to get washed into waterways where they harm wildlife and poison aquatic ecosystems. If you're looking for an environmentally conscious way to make sure you don't slip on your driveway, walkways and stairs this winter, here are some eco-friendly alternatives to salt.

Consider non-toxic materials that can be used on icy surfaces in winter, like sand or alfalfa meal. It isn't as well known as a de-icing method, but it's highly effective. It's grainy, so it also adds traction, which is an added advantage in areas such as walkways and porches. Another advantage is that you can use it on surfaces that line your yard and garden without fear. Alfalfa meal may not be well known as a de-icer, but it is widely recognized as a great organic fertilizer that contains many nutrients that plants

need. Instead of burning your plants, like rock salt will, alfalfa meal will actually nourish them.

Portable Restroom Rentals for All Occasions

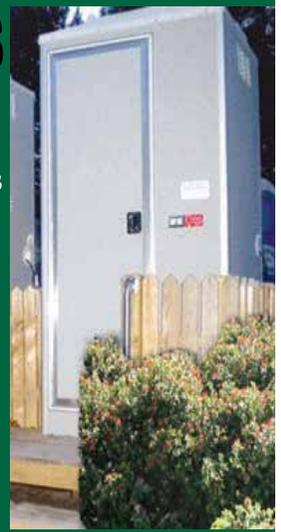
UNCLE BOB'S PORTA-LETS

Standard & Handicapped Units
Units with Sinks & Mirrors

Let us do the dirty work.
One call — we do it all.

845-586-4861

Margaretville
Delivery Set-up
Removal



A TIME AND A PLACE MAGAZINE

Don't miss a single issue!

Visit our website at

www.atimeandaplacemagazine.com

or scan the QR Code with your
smart phone camera and sign up for our email list.
Every month we'll email you when
the newest edition comes out.



Please add **production.ataap@gmail.com** to your contacts
to prevent our email from going to your SPAM folder.