

A

TIME AND A PLACE

SHOP DINE PLAY & DO

IN THE CATSKILLS

YES!
It's Free!

THANKS
TO OUR
ADVERTISERS!

JUL 2021



A TIME AND A PLACE

INSIDE THIS ISSUE

Pet Me Please!.....	9
Book Love.....	15
Bites (Recipe).....	17
Events	21
History of Our Hamlets	24
Green Living	25

For Advertising
Information, call
607-435-0795

All Rights Reserved.
Copyright 2021

A Time and A Place
P. O. Box 65
Arkville, NY 12406
ataap16@gmail.com

Gretchen Balcom
PUBLISHER



FROM THE PUBLISHER

Finally! I feel like I'm getting my old self back.

There's an energy to be found in returning to our pre-pandemic routine. I can feel it building the more I'm out and about. Personally, I'm trying to hold on to the best parts of the pandemic experience and appreciate some lessons learned. One of the things that was really getting on my nerves was the constant referrals to "the new normal". I was bound and determined there would be no *new* normal and things would go back to the way they were just as soon as possible, but I've since decided I could use a little new normal. Pre-pandemic, I was allowing work (and stress) a much greater priority in my life than was actually necessary. My new normal is a little less hectic, more focused on enjoying my family, and taking the time to appreciate the simple pleasures of life here in the Catskills — and placing the appropriate value on the things that are truly important.

On the next page, Ray Pucci hits the nail on the head. I've long believed that New Yorkers show their best side during times of adversity, and our tight knit mountain communities even more so. City-dwellers are flocking to our more laid back lifestyle, where we're proving that you don't have to be located in the big city to run a thriving business. Drive, ingenuity and creativity flourish here in our mountain climate. Let's show it. During the July "Grand Re-Opening" month, visit your neighboring businesses and see what's new. Make it a point to stop in a new restaurant or business you've never tried before. (May we suggest *Species by the Thousands* on page 10.) And thank them for all they bring to our communities — more choices, more jobs locally, economic advantage, a unique and diverse culture, and much, much more.

Speaking of businesses you've never visited before... thanks to Suzanne Walsh for turning us on to the Schoharie Valley Railroad Museum. Museum director, Tom Fries, sounds like one of our many charming community ambassadors. Suzanne (she's Susie to me) took a break from the quilt histories this month, but you can continue to enjoy these wonderful stories by purchasing *The Zadock Pratt Museum Coloring Book*. Way more than a coloring book, it tells the historical stories of the first women settlers in our region, through quilts and textiles. And all funds raised go to support the Pratt Museum's mission. [CLICK HERE](#) to order online, email prattmuseum@hotmail.com, or call (518) 299-3395.

I hope to meet you out and about this month. I'd love to hear about your experiences and learn what you'd like to read about in **A Time and A Place**.

Until next month...

Gretchen

**Gretchen Balcom
Publisher**



© 2021. No part of this publication may be used without written permission from the publisher. The publisher reserves the right to edit, revise, or reject any editorial copy or advertising submitted for publication. Publisher's liability for errors in ads will, in no case, be greater than the cost of the space in which the error occurs.

Let's Build a Culture of Confidence



PHOTO CREDIT: REBECCA ANDRE

The Fierce Grizzly Gourmet Groceries opening and ribbon-cutting on July 3rd in Roxbury.

by Ray Pucci

The New York state government-imposed restrictions on everyday activities have been largely removed. *Hooray!*

We will, undoubtedly, argue for many years whether these executive edicts — from all levels of government — overstepped boundaries, were too arbitrary, lasted too long or were sound public policy decisions based on science. Let's leave that discussion to historians and experts at the local drinking establishment.

What's really important is that we finally start our transition from a climate of fear (remember #stayhome?) and return to a climate of confidence.

Delaware County and our neighboring counties in the Catskills have fared much better than other regions during the past 15 months or so. Sales tax receipts — always a forward measure of economic activity — are up, way up. Delaware County actually led the state in sales tax increase on a percentage basis. Likewise, our popularity as a visitor destination, as measured by such metrics as occupancy tax revenue on lodging and activity on the Chamber's tourism website www.GreatWesternCatskills.com, continues to grow exponentially. Based on the many new faces I see around the county and comments on Facebook, our full-time residential population is

increasing as well. Ask anyone associated with the real estate industry and you'll quickly learn that we're in the hottest market since the 1980s.

Perhaps the best news, though, is that private investment in our communities, particularly on our main streets, continues to grow. The American Dream of taking an entrepreneurial idea, nurturing it into a product or service of value to others, and opening a business is alive and well. While storefronts in some urban centers are covered with plywood, our once-empty buildings are seeing renewed life as restaurants, unique retail stores and professional offices. It's a good time to be in Delaware County.

To celebrate our return to normal, July is "Grand Re-opening" month in Delaware County. The County Chamber and our community partners will host celebrations throughout the county. I encourage all business owners, regardless of chamber membership (if you're not already a member, what are you waiting for?), to participate. Even if you don't own a business, but want to show your support for your local business community, please join us. To find out when we will be in your town, call us at (607) 746-2281.

Let's build our culture of confidence starting TODAY. Plan to go shopping, even if it's just some browsing. Attend a concert, theatrical performance or movie. Have dinner somewhere and eat inside. Or, try a new beverage at one of our distilleries, breweries or cideries without food (unless you're

hungry, of course). Whatever, but go out! Say hello to those you pass on the street. Let's start acting like neighbors again. And, be sure to return the greeting you'll receive when you enter a local business because we are all happy to see you there.

Ray Pucci is the president of the Delaware County Chamber of Commerce. The Chamber believes that healthy communities begin with healthy businesses. By focusing on key areas — community and economic development, advocacy, tourism promotion, and business engagement — we partner with municipal leaders, community organizations, and local companies to present a unified voice of business for the improvement of our communities.



Visit www.delawarecounty.org for more information.

Breakfast and Lunch Eatery





SOUP • SANDWICHES • BAKED GOODS

find us on [facebook](#)

"Michael and his staff go the extra mile, with kindness and grace."

-Jerry S.

Gift Certificates Available

Located in the old Granary Building
75 Bridge Street, Margaretville
(845) 586-1919

Tuesday - Wednesday - Thursday 7AM-3PM
Friday & Saturday 7AM-5PM
Sunday 7AM-2PM | CLOSED MONDAYS

ASK ABOUT OUR DAILY SPECIALS!

GREAT GIFTS and WEEKLY SALE ITEMS

CELEBRATE LIFE IN OUR GREAT CATSKILL MOUNTAINS



SHOP NOW

thehappygiraffe.square.site/
845-586-6333
Granary Building - Bridge St. - Margaretville
Tues-Sat 10-5 • Sun 10-4 • Closed Mon



Let's get together and PAINT THE TOWN!

PLAY

Everyone is invited to watch art in the making. This outdoor event, organized by AMR Artists Inc., is free to the public, and is intended to bring visitors to our Great Catskills together with artists and art-lovers along Main Streets in our small towns here in Delaware County. Just follow the balloons to check-in or connect with artists as they create 'plein air' (outdoors).

10am to 2pm
with Artists Gathering at 1pm
Roxbury - Saturday, July 24
Halcottsville - Saturday, August 14
Fleischmanns - Sunday, September 5
Margaretville - Saturday, October 9
(look for the balloons!)

Rain dates will be the day following each event. Artists register at: amropenstudios.org/paint-the-town-invite-for-artists. A \$25 fee gives artists access to participate in all five events (that's \$5 per event).

Businesses can also become involved, and at no cost, simply by being a host and opening up their



PHOTO CREDIT: REBECCA ANDRE ONEIDA

Hammond sketching the town in Arkville.

sidewalk to an artist, cross promoting on social media, hanging posters at their storefronts; even agreeing to be a filming location for commercials used to promote Paint The Town. [CLICK HERE](#) to read how you can be involved in free promo.

**Leisure Living & Relaxation
in your own backyard**

Poly-resin furniture will not rot, rust or fall apart from wear and is easy to care for.

—GREAT SELECTION ★ QUALITY ★ REAL WOOD —
 Upholstered & Unfinished Wood Furniture
 for every room in your home

The Pine Shop
thepineshoponeonta.com

607-432-1124

Mon-Tues-Wed 9-5:30
 Thurs & Fri 9-6 Sat 9-5
 5382 State Hwy. 7, Oneonta



**2019
John Deere
3025D
with 300E Loader**

**Full Warranty
\$18,000.00**

Ask about
**0% Financing
for 60 months**

DELAWARE SPORT CENTER

30104 STATE HIGHWAY 10
 WALTON NY, 13856
 607-865-8888



SPELUNKING FOR HISTORY

by Suzanne M Walsh

DO

FREIGHT
STATION



It's just stunning how simple "discoveries" in the region covered by this magazine are found right underfoot, seamlessly continuing to unravel more and more of the endlessly rich stories tracing our nation's history.

That's exactly what was happening recently while stopping to photograph a very unusual looking other-century water fountain. This thing was humongous and just one block off busy Main Street in the town of Schoharie, a spot I've passed at least a gillion times.

And just what was it I had "stumbled" on? — the front entrance of the tucked away Schoharie Valley Railroad Museum!



PHOTO CREDITS: SUZANNE M WALSH

LEFT- The afore-mentioned rare water fountain which features 3 separate basins: the highest one for thirsty horses, the next lower one for thirsty people, and the lowest one near the ground for dogs and cats. TOP - Tom Fries, Director of the Schoharie Valley Railroad Museum explains this region's far reaching impact on the history of America through the story behind this caboose

Tom Fries, the director of the museum, was just opening up that morning and waved me into the original Schoharie Valley train depot, built not long after the Civil War. I tried signaling that I was just photographing the highly unusual horse-man-dog water fountain before moving on, but he couldn't hear me from the distance, and so I succumbed to following him inside.

What I disappeared into for the next few hours was something I'll never forget! Like the busy neurons and synapses inside our very own brains,

the Schoharie Valley Railroad line is a thrilling and actively dynamic underground connection to our nation's past history in microcosm.

After the Erie Canal had opened up north in 1825, breaking the log jam of transportation to the great West and the Orient beyond, upper New York businessmen put their heads together to build an Albany and Susquehanna rail line following almost the same path (but one that wouldn't freeze in winter). That led town leaders in Schoharie to build their own set of 4.2 mile tracks to hook up with

Readers...

when you support our local shops and businesses, tell them you saw their ad in



We'll appreciate it and so will they!

Erickson's
30+ YEARS
Automotive, Inc.
Auto Body Specialist | Air Conditioning | Flat Bed Service
 Repairs
(845) 586-2242 214 County Hwy 38 • Arkville

such a groundbreaking idea. In turn, next door, the village of Middleburgh piggy-backed by coming up with their own 5.7 mile extension attaching onto the Schoharie Valley Railroad tracks, and called their line the Middleburgh & Schoharie Railroad.

This now meant that the rurally isolated towns here in this area were suddenly catapulted onto the world's stage, both easterly and westward, with the local export of goods, like hops, making this region famous as one of the premier producers of the main ingredient in beer throughout the nation. Culture exploded too. Passengers were now able to travel world-wide with far more ease than previously, bringing back ideas, art and music.

The historical bounty of this region is always just around the corner, hiding in plain sight. And whether one is a hands on adventurer, or a more leisurely arm chair one, intrepid explorers will always find a warm New York welcome — even in the most surprising of places.

Schoharie Valley Railroad Museum

143 Depot Lane
Schoharie
518-295-7505
schoharieheritage.org/railroad
Open weekends 10-4

A perfectionist walked into a bar... apparently, the bar wasn't set high enough.

GET BACK GIVE BACK



Get \$20 Back via Prepaid Visa Card
with qualifying purchase, after rebate.

If you wish, Give Back a portion to the Intrepid Fallen Heros Fund.



B&D MOTORS INCORPORATED
SEE DEALER FOR DETAILS
Serving the Area Since 1979
885 Main Street, Margaretville
845-586-3253

Full Service | Repair | Towing | U-Haul | Tire Sales

FRESH ADVENTURE



Hiking, biking, rafting?
Looking for lunch, brunch or dinner?
Fuel up with freshness with our
Artisan Sandwiches, Charcuterie
and Cheese Boards To Go...
or choose regional meats & veggies
for healthy grilling.



A "Local" Grocery Marketplace
250+
Local Regional
Farmers, Producers
& Suppliers

845-676-4550
27905 State Hwy 28, Andes
OPEN 7 DAYS 10AM TO 6PM

ORDERS @CATSKILLS-HARVEST.COM

MORE INFORMATION >>

CATSKILLS-HARVEST.COM

Pet Me Please!



**Heart of the Catskills
Humane Society**

by Laura Wright



Hot Weather Tips for Your Pets

Hot and humid weather is a real danger for pets this time of year. As a pet owner, there are many things you can do to keep your furry friends safe and comfortable. One of the most important things to consider is to leave your pets home when you are running errands. A pet should never be left in a hot car.

Even a short time in a hot car can lead to heatstroke or death. For example, if it is 70 degrees outside, even with the windows cracked a little bit, the inside of your car can heat up to 90 degrees in just a few short minutes. Imagine what the inside temperature of your car would be if it were 75 or 85 degrees outside, and we have already had these temperatures in the Catskills early this summer.

If you absolutely cannot avoid bringing your pet with you, use drive-thru services when possible and go to pet friendly stores and cafes where your pet can come with you. Or you can take a friend or family member with you so they can stay safely in your air-conditioned car or take a walk outside with your dog while you shop.

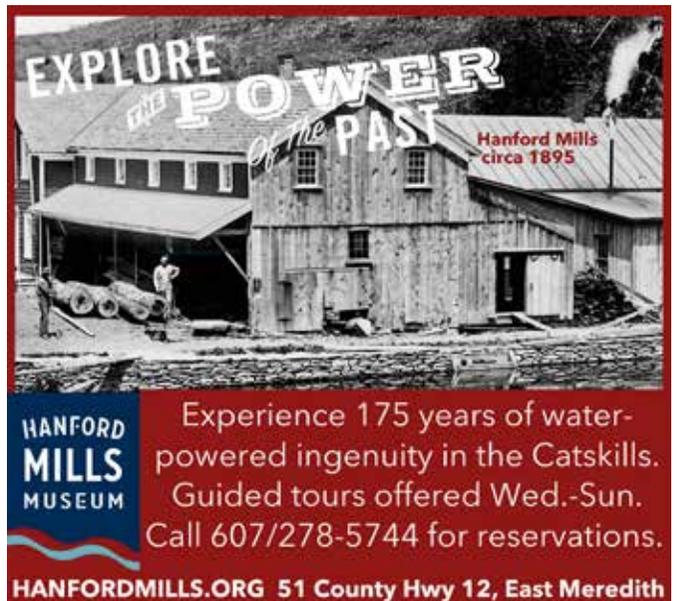
According to the ASPCA, many states and local governments have laws against leaving unattended pets in motor vehicles during dangerous situations — like hot days — and you could be charged with a cruelty crime and incur damage to your vehicle if someone must break in to rescue your pet. If you notice an unattended pet in a vehicle on a hot day, ask other people in the vicinity to help locate the owner and call 911 right away. Stay with the vehicle until help arrives.

Other tips for hot weather always include offering shade and water, limiting outside

playtime, avoiding hot pavement during walks (paw pads can get burns and blister easily) and walking during the coolest parts of the day, and remembering to always bring plenty of water for you and your pet on walks.

A doggie wading pool in the yard is a fun way to combat the heat! You can also offer your pup frozen treats to beat the heat, such as chicken broth made into doggie ice pops or a frozen Kong toy filled with your dog's favorite snack. If you have an older pet or a pet with a lot of fur who has a hard time with the heat, have a cooling mat on hand for them to lie on. It can help keep them cool while also easing joint pain.

Please... keep your pets safe and comfortable this summer season!



HANFORD MILLS MUSEUM
Experience 175 years of water-powered ingenuity in the Catskills.
Guided tours offered Wed.-Sun.
Call 607/278-5744 for reservations.
HANFORDMILLS.ORG 51 County Hwy 12, East Meredith

Species by the Thousands

A Treat for Your Senses

SHOP

by Michael Martin Independent Writer, Author

Species by the Thousands was founded in 2005 in Brooklyn, NY. According to Erica, the creator and owner, the brand is inspired and informed by outsider worlds, the mysterious unknown, nature, and folk magic. The name Species by the Thousands is quite different from most. Erica noted it came from searching vintage books about animals and earth science. It felt like a big enough name to cover all that I might create.

Erica grew up in New England, Fall River, MA. The house she lived in was Lizzie Borden's uncle's house, where they found an axe in the basement wall.

Her grandfather, who found the axe, was a psychic and the inspiration for the store's unique logo.

Erica, with a Master in Fine Arts, found that trying to make a go of her passion in the city was wrought with issues. So, she took a chance and rented a storefront in Margaretville. When you enter the small, unpretentious shop, the first thing that strikes you is the aroma. Not something heavy, assaulting your nostrils, but a fresh, awakening aroma. You feel as if you were just magically transported.

Just as Erica is, the shop itself is open and inviting.



Owner, Erica Bradbury, checks her inventory at Species by the Thousands in Margaretville.

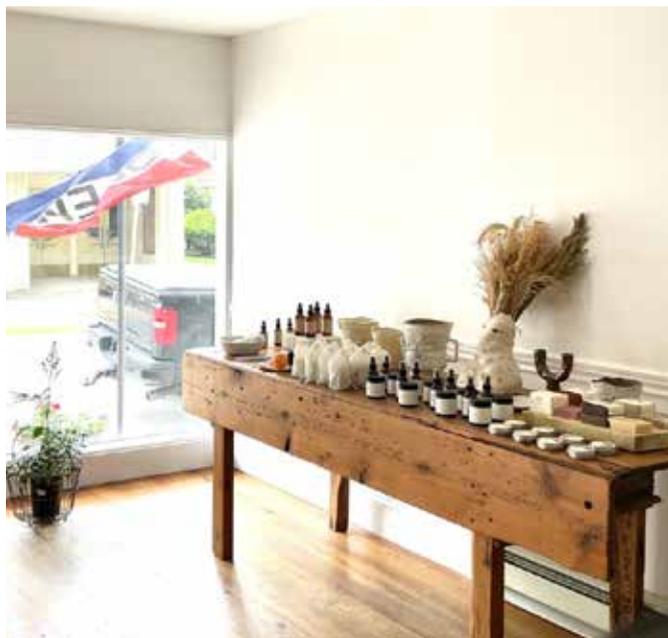


The shop is not cluttered with countless offerings, instead the items displayed are special, that's why they're there. Erica creates her own brand of amazing jewelry, each with its own story. Looking around, you will see a varied display of aroma's, aroma therapy items, original creations and candles. Erica takes pride in gathering rare ingredients from all over the world. These items are carefully crafted together in the studio in the back of the shop. Creations are all natural and Erica claims they have magical properties as an extra bonus.

Although only open a short time, she says she feels the Village, the people, and the other shop owners are welcoming and friendly to a newcomer. Erica hopes to start offering classes and workshops so people can create their own special aromas and special candles.

As a result of the pandemic, people have had a chance to slow down and realize what is important in life. So, take the time, visit Species by the Thousands. All products in the Species by the Thousands line are handmade in Margaretville in the heart Catskill Mountains. Currently they are only open weekends, but all products are available

Species by the Thousands
 798 Main Street
 Margaretville
 Contact: Erica Bradbury
speciesbythethousands.com

Enjoy the specialty selections and fresh, awakening aroma in this lovely Margaretville shop.

online at www.speciesbythethousands.com.

And if you are not aware, Margaretville is quickly becoming the destination for one-of-a-kind shops. Make it a place to visit this weekend, visit Species by the Thousands and all the other amazing shops. You won't be sorry.

**Buy hand made.
 Be one in a million,
 not one of millions.**

WE BUILD FUN!

Ask us about building your...



ATV Trails • Motorcross Tracks • Tennis Courts • Riding Arenas • Ponds

WE CAN TAKE CARE OF ALL YOUR EXCAVATING NEEDS

Drainage Repair/Improvements • Rock & Rip-Rap
 Culvert Bridge Replacement • Stream Bank Stabilization



Call Karen for an evaluation and appointment
607-538-1185
 FULLY INSURED • FAMILY OWNED & OPERATED

Stresses melt away as you relax and let yourself go...



Warming Homes Since 1980

MOUNTAIN FLAME INC. 845-586-2700 • 800-250-6485
 Tue & Fri 10-4, Sat 10-3, Wed by appt
 42825 Route 28, Arkville www.mountainflame.com

1053 Main Street Gallery Adds to Flourishing Catskills Art Scene

DO

by Brian Sweeney

The burgeoning Catskill Region art scene will added another dimension when the 1053 Main Street Gallery opened in Fleischmanns on July 2.

"The inaugural exhibit, *Alphabet*, featured works on paper by artist Claire Gilliam, who was present for the opening reception on Saturday, July 3.

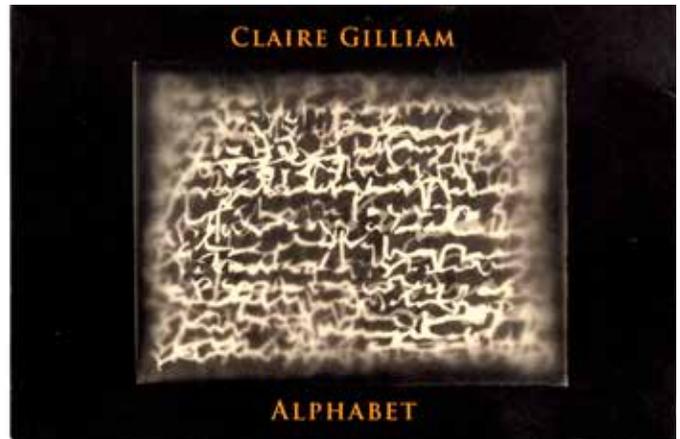
The new gallery is operated by Amy Masters, a longtime artist and teacher. Amy has been painting and making art since childhood. She was a teacher for the New York City public schools for more than 20 years before shifting gears in order to pursue painting full-time. Although this is her initial foray into operating a gallery, Amy has been involved with other exhibition spaces and galleries and looks forward to pursuing her vision at the 1053 Main Street Gallery.

Gaining insights

"I have been fortunate to show my work widely and so with each opportunity you get more insight into what works and what can be a challenge. I was a member of The Longyear Gallery in Margaretville for several years. The Longyear Gallery operates as a co-operative and so its members are involved in the actual running of the space and the day-to-day requirements," she explained.

Amy, who has a home near Arkville, recalled that the initial seed for the gallery was started over a year ago. Mark Birman, who owns the building that will house the gallery, had approached her with the idea of opening a gallery in the ground floor space. Amy was introduced to Mark through her husband, Ted Sheridan, an architect, who has worked with Mark on a few projects in the area.

"Mark had this dream of having a gallery and he believed I could help him realize this. We have spent the past year getting the physical space ready and



Alphabet, the inaugural exhibit at the 1053 Main Street Gallery in Fleischmanns, features works on paper by artist Claire Gilliam.

lining up artists to exhibit in the space.

"When the pandemic hit we weren't sure when we would be able to open, but kept moving along, assuming that at some point, and in some capacity, we would be able to open our doors. We are both so relieved that everyone is healthy and that we seem to be, finally, turning the corner," Amy related.

She said there isn't any particular theme for the gallery, other than wanting to promote artists "whose work feels contemporary and exciting."

Amy noted that she's been exposed to so much good work produced by other artists that it's humbling to be able to share some of this with a larger audience.

"Each show will have the artist's own theme that ties the body of work together, but these are isolated and not a reflection of the gallery as a whole," she noted.

Amy hopes to share a variety of visual art mediums such as printmaking, photography, sculpture, drawing and painting. She would also like the gallery to be a space where writers, musicians and other performers are given an opportunity to share their art as well.

Looking ahead

Amy has already been conducting a considerable amount of long-range planning. Next spring she's planning to exhibit a well-known puppeteer, Dan Hurlin, who will also be showing films about his work. In conjunction with this, she hopes to have several 'events' around this one artist.

"We have plans to have artist talks about individual shows that are already scheduled. By having other events in the space, we will continue to draw people in — especially in the winter months when everyone seems to isolate a lot more."

Opening the gallery is in keeping with Amy's longstanding goal of always trying to find a balance between work that supports her art and also is of service to the larger community. She noted that teaching definitely fits that bill and said starting up the new gallery allows her to be of service to other artists and to the community here in the Catskills.

For several years, Amy was a board member of The Heliker-Lahotan Foundation, an artists' institution located on Cranberry Island in Maine. Part of her association with that organization involved running workshops for artists coming to the island.

"That opportunity allowed me to be of service to a thriving arts community, as well as time to develop my own craft as a painter," Amy commented.

It's the same type of dual-purpose endeavor she's looking to create with the establishment of the 1053 Main Street Gallery in Fleischmanns.

Amy plans to stay open year-round. Because the winter months can be very quiet, she will be looking to try some new things for mid-January and February. The gallery will close for a winter break mid-December through mid-January.

In addition to attracting visitors to her own gallery, Amy's hoping to coordinate some of the openings with the other venues in the area so that opening nights can be a destination — an art crawl for folks to go from one place to another while they are here in the area.

1053 Main Street Gallery

1053 Main Street
Fleischmanns
347 693-4969
info@1053maingallery.com
1053maingallery.com

find us on  

One of the most interesting examples of irony is that the most shoplifted book in America is The Bible.

Why Cook? Come and join us!

La Cabana



Combination Dinner Menu *Over 75 to Choose!*
Everything Made Fresh In-House

Open Friday - Tuesday 4 to 10pm

966 Main Street, Fleischmanns

FULL BAR AVAILABLE **845-254-4966** DINE IN TAKE-OUT

Available For Private Parties, Large Groups & Families

VISIT OUR SHOWROOM!

Choose from our selection of classic design to contemporary chic tiles.

Marble Look • Solid Look
Stone Look • Wood Look



INSTALLATION AVAILABLE

NAPPI TILE & MARBLE

10700 State Hwy 23, Suite 2, Oneonta
(607) 278-6411 nappitileandmarble.com
Open Tuesday - Saturday



The Roxbury Arts Group presents

Founders

DO

Thursday, July 15 at 7:30pm at Roxbury Arts Center



Founders is Ben Russell on violin and vocals; Brandon Ridenour playing trumpet and keys; Hamilton Berry on cello and vocals; Yoonah Kim playing clarinet, and Greg Chudzik on bass.

Merging the talents of five conservatory trained musicians from New York City, Founders is redefining the role of the classical ensemble for the next generation. The Roxbury Arts Group is excited to present Founders for a performance at the Roxbury Arts Center, 5025 Vega Mountain Road in Roxbury on Thursday, July 15 at 7:30pm. Tickets are \$23 for adults and \$21 for seniors/students when purchased in advance. Children aged 9 and under are always free. Complete details and COVID-19 protocols for guests can be found at roxburyartsgroup.org or by calling (607) 326-7908

Founders began in 2014 through the collaborative efforts of Ben Russell and Brandon Ridenour. Their works have been described as “like nothing else out there right now” (New Your Daily Music). An idiosyncratic quintet featuring versatile chamber music players who double as singers and songwriters, Founders was awarded both 1st Prize and Audience

Choice Award at the international SAVVY Chamber Music Competition in 2020.

In 2018, Founders recorded selected works from their American Excursions program, highlighting composers, folk musics, and poets from American history. The works featured Samuel Barber, Duke Ellington, and Louis Armstrong, as well as a song-cycle utilizing the poetry of Edgar Allan Poe. This multifaceted program celebrates the rich diversity of American culture, and accentuates the unique strength of Founders as a composing ensemble.

Founders passionately advocates training the next generation of musicians to expand their breadth of creative influence. As artist-educators, the group teaches students to seek out collaborations, using music as a way to connect with other artists. Founders also encourages students to create music that speaks to the communities and cultures they come from, to meaningfully integrate their way of life with their art.



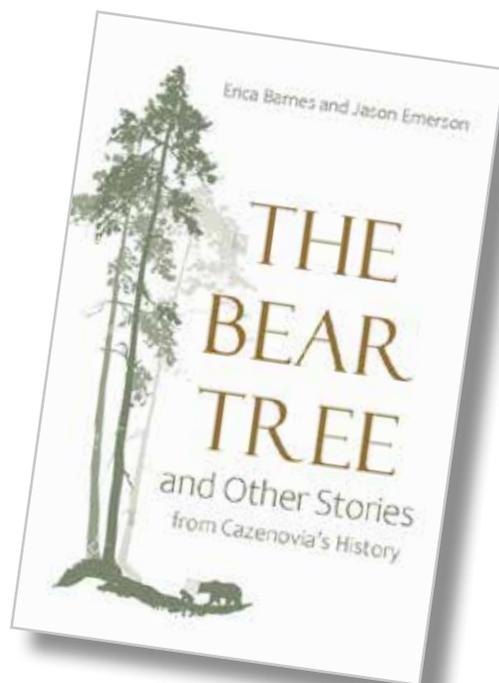
Book

Reviews by
Jessica Reed

The Bear Tree

What would you expect from a book with an impressive bibliography, detailing the history of Cazenovia NY, co-authored by two professional historians? A rote, dry archival piece of history? If so, you'll be pleasantly surprised by *The Bear Tree and Other Stories from Cazenovia's History*. The two aforementioned co-authors, Erica Barnes and Jason Emerson, utilized their credentials to create an authentic historical account of the 225-year-old village in upstate NY. However they are the coolest historians in history for their deliberate choice not to redundantly highlight the distinguished notables, instead focusing on the unsung heroes, the infamous and the beloved colorful characters who had an equally important role in shaping Cazenovia. *The Bear Tree* reads like a page turning novel with romance, danger and twists and turns, proving truth really is stranger than fiction.

The two authors blend their styles seamlessly as they recreate stories so vividly you can see them in your mind's eye. Cazenovia comes alive with tales that include an ill-fated Native American couple, a jilted bride destined to wander forever, a World War I soldier whose letters home depict a progressing loss of innocence, a couple of circus performers, a pocket squirrel, presidential visits, the true meaning of the word deadline and even an Egyptian mummy. Barnes and Emerson tell the quirky stories with passion but they don't flinch away from presenting the darker side of history too. The role of slavery is meticulously and compassionately told with the help of preserved documents that are distressing, but important to read. I also learned that Cazenovia usually found itself progressively on the right side of history in areas like abolition, temperance and women's rights.



Authors: Erica Barnes

Jason Emerson

Publisher: Syracuse University Press

ISBN# 978-0-8156-1132-5

The brilliant writing is further enhanced by photographs, illustrations and documents. After reading this book I wanted three things, a trip to Cazenovia ASAP, a pocket squirrel and a sequel. This book will soon be hot off the press and can be PRE-ORDERED from Amazon or from the publisher at press.syr.edu

CHARCOAL & PROPANE GRILLS



weber **Char-Broil**

Accessories • Utensils
Flavored Wood Chips

WE FILL PROPANE TANKS
All Sizes (up to 100#)



BROOKSIDE HARDWARE

RT 28, MARGARETVILLE • 845-586-2345

LOCATED ACROSS FROM HOSPITAL • Largest USED CAR DEALER in the Area!

Visit BrooksideHardware.com for Up-To-Date Vehicles For Sale

HERE'S A TIP by JoAnn Derson

Going to the beach for your vacation? Here's a handy hint to take great care of your swimsuit. (They get more expensive all the time!) Pack at least two suits and bring a box of baking soda. Soak the suit for 15 minutes in a baking soda and water solution, then lay flat on a towel. Roll the towel up and wring lightly. Unroll and hang to dry. Rotate suits. – JoAnn

Help for a sunburn: Take two non-steroidal anti-inflammatories (aspirin, ibuprofen) right away. Soak a cloth in cold milk and drape over the burn until it warms to room temperature. Repeat if necessary and apply a light moisturizer.

To ease the ache of a brain freeze, simply cup your hands over your mouth and nose. Blow out hot air, and it will recirculate to warm your palate in seconds.

"Here's my tip: Use a muffin pan to make big ice cubes for drinks." – A.L. in Missouri

If your legs stick to vinyl or plastic seats when you're wearing shorts, try spraying a little deodorant on the backs of your thighs.

Add a cinnamon stick or softener sheet to your vacuum bag when you change it. As you clean, you will distribute the good smell throughout your home.

There's been a lot of talk at my house about kitchen gadgets that do double duty, especially since I have made whipped cream for the first time — in my coffeemaker! I have a French press that I rarely used, until now. Add heavy whipping cream and a bit of sugar to the pot, and use the screen to whip the cream by rapidly pumping it up and down. Magic! – JoAnn

Want bananas to last a little longer? Do not separate your bunch, and wrap the tip in foil. You can also put them in the refrigerator. The skins will brown, but the banana will stay fresher longer.

"Clean and save takeout food containers rather than purchasing commercial plastic containers. They are all the same basically, and you will not be at a loss if you need to throw one away, leave it behind or send leftovers home with a guest." – M.W. in Nevada

When you need to cook something that needs covering (say, chicken) alongside something that does not (like hot dogs), simply invert an aluminum roaster/cake pan over the needs-covering item. You can purchase smaller size pans that can be reused. – JoAnn



KAWASAKI
KYMCO
CAN AM
SKI DOO

KLINGER

Power Sports

Motorcycles • Dirt Bikes • ATVs /RUVs • Utility Vehicles • Snowmobiles

33 West Street | Walton, NY | (607) 865-6326
www.KLINGERPOWERSPORTS.com
Mon-Thurs 9am-5:30pm | Fri 9am-5pm | Sat 9am-4pm

Marty Cole **Michael Kiel**



M&M

MOTORS & MORE

inspection & repairs
« 6 BEAVER STREET, STAMFORD »
(607) 652-2800

 [MMMotorsandmore](https://www.facebook.com/MMMotorsandmore) | mmmotorsandmore@gmail.com

HOME FOAM INSULATION



COMMERCIAL & RESIDENTIAL
SPRAY FOAM

845-594-7413

Kane DiBenedetto HomeFoamInsulation.net
10+ YEARS EXPERIENCE | FULLY INSURED | FREE ESTIMATES

BITES *We do love to eat!*

Enjoy summer one **BITE** at a time

Tomato and Watermelon Salad

Are you looking for a refreshing appetizer to serve on a hot day? If so, this sweet and juicy salad is sure to delight your taste buds... and all the ingredients are available at Catskills Harvest and Jim's Great American.

Start to finish: 20 minutes Serves: 4

INGREDIENTS

- 4 small Italian tomatoes, quartered
- 2 cups yellow cherry tomatoes, halved
- 2 cups watermelon, seeded and diced
- 1 cup red onion, minced
- 1 cup feta cheese
- 1 cup arugula
- 1/2 cup fresh mint leaves
- 1 cup extra virgin olive oil
- Juice of one lemon
- 1/2 cup creamy balsamic
- Salt and pepper, to taste



DIRECTIONS

In a large mixing bowl, toss the tomatoes, watermelon, red onion, feta, arugula and mint. Divide the salad equally among 4 bowls.

Drizzle each salad with a quarter of the olive oil, lemon juice and balsamic. Season with salt and pepper to taste, and serve immediately.

24 Flavors of Hard Ice-Cream
Plus Soft Serve, Razzles & Flavorblend

Ice Cream Sandwiches & Ice Cream Cakes

G-JimMieS Ice Cream

Prattsville Plaza
14520 Main Street, Prattsville

Jim's "Clean" "Well-stocked Store" Check for 

GREAT AMERICAN **WEEKLY SPECIALS!**
Privately owned and family operated
"His selection is Amazing"
or ask our **FRIENDLY and HELPFUL STAFF**

Double Coupons! 
SEE STORE FOR DETAILS

Senior Citizens (55+) Discount - Every Tuesday

Open MON-SAT 8-9 • SUN 8-7 

14530 MAIN STREET • PRATTSVILLE • (518) 299-8581

Cool facts about brain freeze... and Popsicles

No matter what your age, nothing beats a frozen popsicle or an icy treat on a hot day. If you've indulged, you're probably familiar with the sharp pain felt in the forehead and temples while eating your favorite ice cream or drinking a cold beverage. In fact, brain freeze is one of the most common types of headaches.

How it happens

When something cold comes in contact with the roof of your mouth or the back of your throat, it causes the nearby blood vessels to constrict. This triggers a rush of blood to the area that widens these vessels in an attempt to restore warmth and proper blood flow.

The reason you experience pain when this happens is because there's a bundle of highly sensitive nerves located just behind your nose. These are linked to the trigeminal nerve in the brain, which is responsible for providing sensation to the face.

Did you know the original popsicle was invented by an 11-year-old boy?

Frank Epperson of Oakland, California inadvertently left a glass — filled with water, powdered soda mix and a wooden stick for stirring — outside one particularly cold night. In the morning, the soda mixture was frozen solid. He ran the glass

This is why you might experience brain freeze in your temples, forehead or behind your eyes, even though the source of the cold is in your mouth.

How to treat it

A simple cure for an ice cream headache is to warm up the affected blood vessels. You can do this by firmly pressing your tongue to the roof of your mouth until the pain dissipates. Alternatively, you can take a few slow sips of a warm beverage.

To avoid brain freeze altogether, without giving up your favorite frozen treats, remember not to rush and to take small bites or sips, or sip room temperature water while you enjoy your treat.



under hot water and removed the ice pop using the stick as a handle.

In 1923, Epperson filed for a patent for his invention. Up until then, he had been calling the frozen treats "Eppsicles," but his children insisted on calling them "Pop's 'sicles." The latter name stuck and the Popsicle was born.

**Bathrooms • Kitchens
Siding • Windows & Doors • Roofing
Gutters • Decks • Remodeling**
Doing it right since 1972



607-432-8326 800-252-2140

www.thepowellcompany.com

Go Titan

for All Your Water Needs



**From well drilling
to water testing,
we meet every need.**

Find us on:
facebook.

1-800-GO-TITAN

1-845-586-4000

264 Co. Hwy. 38, Arkville, NY 12406 | www.titanwelldrillingny.com

Yakisugi

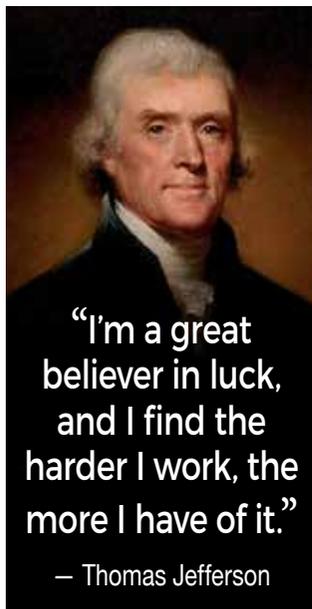
The charred-wood trend

Shou sugi ban is a traditional Japanese technique of burning wood planks — usually cedar or larch — to preserve the wood and protect it against UV rays, moisture, insects and other sources of damage. The result of this weather-proofing process is a striking, charcoal-black wood plank known as *yakisugi*.

While *yakisugi* was traditionally used as a material for siding, this blackened wood is becoming increasingly popular for other applications. The product can now be found indoors on walls and floors, and outdoors to construct fences and decks.

In addition to its unique appearance, *yakisugi* is renowned for its durability. The process of scorching planks in a controlled environment eliminates moisture and hardens the wood. In fact, it's estimated that this material, when correctly made, has a usable lifespan of at least 80 years. What's more, burnt wood is resistant to fire.

In terms of care, these treated wood planks have the benefit of requiring virtually no maintenance. However, applying a natural oil to the surface every 15 years or so can help protect *yakisugi* from the elements.



SAND • GRAVEL • STONE • TOPSOIL

LAFEVER
Sand & Gravel
607-832-4240
www.lafever.com

DELIVERY OR PICK UP
3135 COUNTY HWY 6, BOVINA CENTER

STRANGE BUT TRUE

by Lucie Winborne

On May 19, 1996, Kermit the Frog gave the commencement speech at Southampton College, Long Island University.

The average high-school swimmer swims 1 million strokes per season.

Researchers found that male bottlenose dolphins in Western Australia's Shark Bay have formed "boy bands" that harmonize their mating calls together in order to better attract females.

While working as an extra on the set of "The X-Files," singer Michael Buble was fired for stealing a hot dog from the craft services table.

The most common injury caused by makeup is scratching the eye with a mascara wand.

Out at sea, a tsunami is only about 3 feet high, and could pass a boat without being noticed.

Boanthropy is a psychological disorder in which patients believe they are a cow.

The infamous crocodile jump by James Bond in "Live and Let Die" was performed with real crocs by the only person willing to attempt it -- the owner of the crocodile farm.

The original recipe for chocolate contained chili powder instead of sugar.

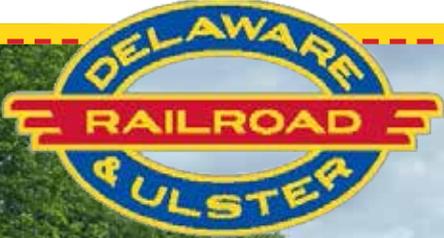
Want to test how ripe your cranberries are? Drop them on the ground! Cranberries are nature's bouncy ball -- farmers even use this technique to see if the fruit is ready for shipment.

In Las Vegas, it's against the law to pawn your dentures.

Allergy sufferers, take note: one ragweed plant can release as many as 1 billion grains of pollen.

Tablecloths were originally designed for use as one big, communal napkin.

According to research done by MIT, the number 17 is the most common randomly chosen number between one and 20.



We've been workin' on the railroad...



Early in March DURR continued the track renewal project started last year, with a complete rebuilding of the line from Arkville to Halcottsville. Every day we are installing several thousand new "copper" crossties and hope to be finished in early Summer. So, as the pandemic passes, DURR trains will once again be rolling along the East Branch with...

Steam Train Excursions

Train Robberies

Twilight on the Rails with Blues Maneuver

Charter a Caboose 

*** WE OBSERVE SOCIAL DISTANCING PRECAUTIONS ***

Visit DURR.org to Make Your RESERVATIONS Now!

43510 State Highway 28, Arkville, NY
Information & Reservations
(845) 586-3877 

 **DELAWARE & ULSTER RAILROAD**

A Time and A Place to Have Fun

CONFIRM EVENT DETAILS BEFORE ATTENDING.

CLICK

to include an event in our calendar at atimeandaplacemagazine.com
or email: ataap16@gmail.com.

Deadline is the last day of the month prior to the edition you wish to be included in.

Margaretville 2nd Saturdays

Every 2nd Sat thru Sept 4 to 6pm
Main Street, Margaretville

Franklyn's Farmers Market

Every Sunday 10am to 2pm
Chapel Hall
25 Institute St, Franklin

Catskill Smokehouse Farm Market

Every Saturday Noon to 4pm
Quarter Moon Cafe
53 Main St, Delhi

4th Annual Schoharie Lily Festival

7/10 10am to 3pm
Schoharie Lilly Park
Fort Rd in the Village

Honest Brook Music Festival

Quarteto Latinamericano String Quartet
7/10 8pm
Honest Brook Musical Barn
1885 Honest Brook Rd, Delhi

Living History Cemetery Tour

7/10 4 to 7pm
Margaretville Cemetery
Reservations: 845-586-4736

Family Farm Fun Farmer's Museum

7/15 11am to 12:30pm
5775 NY-80, Cooperstown

Deposit Lumberjack Festival

7/16-7/18 Noon to 11pm
Deposit, NY

Oneonta Yankees Reunion Weekend

7/17 5 to 11pm
Damaschke Field
15 James Georgeson Ave, Oneonta

Echoes of Tradition Summer Events

7/17 7am to 5pm
Iroquois Indian Museum
324 Caverns Rd, Howes Cave

50th Antique Auto Show

7/18 10am to 4pm
New York Power Authority
1378 Rt. 30, North Blenheim
800-724-0309

JULY JAZZ SERIES

Zach Adleman Quartet

7/18 3 to 4pm
Churchill Park Historic District
158-170 W Main St, Stamford

MAC Vintage Baseball

7/24 Noon to 6pm
Delaware County Historical Association
46549 NY-10, Delhi

Callicoon Country Fair

7/24 11am to 5pm
Village of Callicoon

Farm Jam 2021

7/24 and 25th
Sat 6pm & Sun 4pm
Morgan Ponds Rd, Walton



Catskill Mountain Yoga Festival

7/24 6pm
Plattekill Mountain
469 Plattekill Rd, Roxbury

Jetlag Russian-American Music Festival

7/30 to 8/1
Peaceful Valley Campsite
485 Banker Rd, Downsville

MAC Vintage Baseball

7/31 Noon to 3pm
Creamery Field
1396 County Hwy 6, Bovina Center

Franklin Stage Company Announces **Outdoor 2021 Summer Season**

DO

The Franklin Stage Company, Delaware County's renowned classical summer theater, announces the lineup of their 25th season, from the July 4th weekend through August 29.

"We're so excited to be able to bring art and performance back to the Western Catskills, after the challenges of the past year" said Patricia Buckley, Co-Artistic Director of the theater. "We'll be performing outdoors for all of those who wish to gather again, and we've got a fantastic season lined up."

The season opened July 3rd with a reception for an art exhibit titled *Franklin Stage Company and the Evolution of Chapel Hall*. The exhibit highlights 25 years of the theater's productions and showcases photos of historic Chapel Hall, the building in which the theater company typically presents their summer season. The exhibit, as part of FSC's In the Gallery series, is funded by the Tri-M Foundation.

"We're absolutely thrilled to bring this exhibit to FSC's audience," said Co-Artistic Director Leslie Noble. "People often ask about the history of our building and the story of the theater's beginning and development. It's wonderful to have this material as a permanent exhibit for our gallery, and we're so grateful to the Tri-M Foundation for supporting us."

The first weekend of performances, July 9-11, will feature a concert by Ghanaian master drummer Kwaku Kwaakye Obeng and Cameroonian singer Gino Sitson who blends jazz, gospel, blues and traditional African polyrhythms and melodies in exciting, innovative ways.

Next up July 16-18 is returning favorite, Doktor Kaboom, with his new show, *Random Acts of Science*. Expertly played by David Epley, Doktor Kaboom is an over-the-top German physicist with a passion for science. The performance delights children of all ages.

On July 23, FSC opens *A Doll's House, Part 2*, a comedy that "picks up after Henrik Ibsen's 1879 play *A Doll's House* concludes" and tells the story of Nora, the titular character who returns home after 15 years. The play runs through August 15.

August 20-22, FSC will present a concert staging

of the new opera, *Libba: Here This Day*. The piece tells the story of the renowned blues singer, who grew up in the segregated south, played guitar backward and upside down, and won a Grammy at 91.

The final weekend of the season brings *Rent Control* to FSC's outdoor stage. Evan Zes portrays 25 characters in this wild-but-true tale of a struggling actor who lucks into a rent-controlled apartment in NYC and turns it into a money making Airbnb scheme, until his plan hilariously backfires, hurling him into a world of internet scammers, low-level gangsters, and revenge-seeking dupes.

To attend productions at FSC, and in order for FSC to comply with all NY State regulations for a safe reopening, show attendees must present an ID and follow all current Covid rules, which will be listed on the FSC website at www.franklinstagecompany.org.

The Franklin Stage Company season runs July 3 through August 29 at Chapel Hall, 25 Institute Street in Franklin. All evening shows have a curtain time of 7:30pm, and Sunday shows are at 5:00pm. *A Doll's House, Part 2* will also have 3:00pm Saturday matinees. All shows are weather permitting, general seating. Admission is free—suggested donation is \$20 per person. For reservations, visit www.franklinstagecompany.org or call (607) 829-3700.



The lawn at Chapel Hall where Franklin Stage Company will present their 2021 Summer Season.



Mini-Essays and Short Stories Summer with Jane Seitel



Writers in the Mountains (WIM) presents a six-week long workshop with Jane Seitel, July 20 – August 24, 2021. Mini-Essays and Short Stories will be held online Tuesdays, from 3 to 5pm.

Mini, micro, flash, personal essays and short shorts may be small, but they're mighty! Whether you choose to write fiction or nonfiction, the way you express yourself can be crafted into a literary jewel you can pass down to preserve family history, or hone for publication. In class we'll consider possible enhancements to your pieces, how to make the words sparkle. We'll read and discuss stellar examples which show the craft. We'll work on mini warm-up exercises in class that you can use to start your piece at home. We'll share our new efforts in a nurturing place. We'll offer appreciations and insights. We'll suggest possibilities to enhance your essays and stories. By the end of our time together, you'll have polished work that will delight you.

Jane Seitel is an Expressive Arts Therapist, writer and teacher, living in Apex, North Carolina. She currently teaches writing and literature courses at The Osher Institute at Duke University, in person and online. She received her MFA in Poetry from Drew University, her MEd from Lesley University and her BA in English (Magna Cum Laude) from the University of Miami, FL. She teaches literature as well as writing in her classes. She loves to teach mixed genre classes because individual choice of form allows the student to more fully enjoy and engage in the process of writing and revision. She personally uses writing as both a meditation practice and a honed craft. Her awards include The Charlotte Newberger Prize (Lilith Magazine) and awards from national and international publications including Voices Israel, Kakalak, So To Speak, The Orison Review and others. Her creative non-fiction and poetry have been included in Prairie Schooner, Journal of Feminist Studies in Religion, Split This Rock, Bird's Thumb, The Florida Review, Midstream, Minerva Rising, The Stillwater Review, Poetica, as well as several anthologies. She works for environmental protection and animal preservation.

In her youth, she enjoyed many an enchanted summer in the Catskills.

To register, e-mail writersinthemountains@gmail.com or visit writersinthemountains.org. Class fee is \$120. Registration deadline is July 13. Once registered and paid, participants will be given instructions on how to join the class.

Writers in the Mountains is a 501(c)(3) not-for-profit organization with a mission to provide a nurturing environment for the practice, appreciation and sharing of creative writing. Learn more at www.writersinthemountains.org.

Listen to the
Kaatscast Literary Podcast
to learn more about Writers in the Mountains

CLICK TO LISTEN

Kaatscast is produced by
Silver Hollow Audio
and promotes the culture of the Catskills

SPRAY FOAM SOLUTIONS, Inc.



Residential Commercial 

607-435-7930

**Free Estimates
& Fully Insured**

History of Our Hamlets

Photos and recollections courtesy of Diane Galusha, Historical Society of the Town of Middletown

Summer Idylls

Sitting in the shade, paddling on the pond, tennis in the yard—it's what the Catskills came to symbolize for city folks at the turn of the century.

Here they found hotels and boarding houses like Samath Cottages in Fleischmanns (bottom) and Keeney's Meadow Brook Farm in Margaretville (top) to either sit and do nothing or play a lively game of lawn tennis. That's Southside Road running in front of the house. And of course, Lake Wawaka in Halcottsville (middle) was the perfect place to pass a lazy summer day in a canoe.



“
Summertime is
always the best of
what might be.
CHARLES BOWDEN



Why you should buy ugly produce

From crooked carrots to asymmetrical apples, an increasing amount of imperfect produce is finding its way onto the plates of consumers. Here are a few reasons to opt for so-called ugly fruits and vegetables.

An eco-friendly and affordable solution

If you want to do your part to protect the environment, buying imperfect produce that would otherwise go to waste can be a good place to start. In addition to helping save the planet, you'll also save money. This is because ugly fruits and vegetables tend to cost less than their shapely counterparts.

It's also worth noting that most physical imperfections have absolutely no effect on a product's taste or nutritional value. Next time you're shopping for fruits and veggies, keep an eye out for less-than pretty items that are still entirely edible.

Food loss vs. food waste

Food loss occurs when farmers can't sell produce due to its appearance or for other reasons, food waste refers to goods thrown out after they're purchased by grocery stores, restaurants or consumers.

Expiration Date Labels: Best-by Date, Sell-by Date and Use-by Date Definitions

According to FoodPrint.org, date labels are, in some cases, not that strict. The short story is that, for a lot of foods, those dates are a rough suggestion. In fact, the only federally regulated food date label is the one required on infant formula. Other than that, food product dating is completely voluntary, and producers tend to be quite conservative, understanding that conditions in grocery stores and homes might not be ideal. Here's a look at what the terms really mean:

Best by date: This date guarantees the period of time the product will be at its best flavor or quality — when bread will still taste soft or crackers crisp. The food will still remain edible after this date, it is not about food safety, but about taste.

Sell by date: This date is determined by producers

to inform sellers when to remove items from the shelves. The goal is to ensure consumers receive the

item at its optimal quality, which can last for several days to several weeks past the date, depending on the item. Milk for instance, according to Consumer Reports, should last five to seven days past its sell-by date if stored properly.

Use by date: This is the last day the producer guarantees the best quality of the product. Again, except for the case of infant formula, this is not a safety date nor a mandatory label.

So why does the food industry use expiration date labels that don't need to be strictly adhered to? It's good to track how old a product is, so supermarkets don't put old or bad food on the shelves. And it behooves them to be conservative, both because they don't want their customers getting sick and because the faster you throw out their product, the more of it you'll buy. But it also behooves us as consumers to learn some common-sense guidelines for using all our food before it spoils and heightening our abilities to spot food that has actually gone bad.



Portable Restroom Rentals for All Occasions

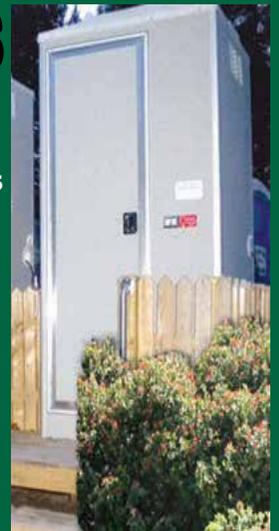
UNCLE BOB'S PORTA-LETS

Standard & Handicapped Units
Units with Sinks & Mirrors

Let us do the dirty work.
One call — we do it all.

845-586-4861

Margaretville
Delivery Set-up
Removal



A TIME AND A PLACE MAGAZINE

Don't miss a single issue!

Visit our website at

www.atimeandaplacemagazine.com

or scan the QR Code with your
smart phone camera and sign up for our email list.

Every month we'll email you when
the newest edition comes out.



Please add **production.ataap@gmail.com** to your contacts
to prevent our email from going to your SPAM folder.